

Serving Our Community Since 1983

our mission

NAMI Southern Arizona improves the quality of life for all those affected by mental illness.



35,960

individuals & families impacted this year by NAMI Southern Arizona

IMPACT



3,800

participated in awareness events like NAMIWalks



90

presentations



12,870

volunteer hours
185 volunteers



244

classes & training on mental illness



184

support group meetings



2,400

people supported by NAMI outreach

INITIATIVES

Help & Hope for YOUTH

The Stigma Reduction-Improved Youth Mental Health Initiative is a collaborative effort funded by the Lovell Foundation in partnership with the University of Arizona Family & Community Medicine and the Southwest Institute for Research on Women (SIROW).

4

counties

46

stakeholders

Education Programs

NAMI Southern Arizona's new Homefront program offers support for family, friends and partners of military services members and veterans with mental health conditions. The Homefront program is one of many NAMI education programs including Family to Family and Peer to Peer support groups.

74

teachers & mentors

160

presenters

Outreach & Advocacy

NAMISA Advocates support staff in advocating for 2,400 family members and consumers in the community including homeless and veterans. In 2018, NAMI had more than 8,080 contacts and held 184 group meetings to raise awareness about mental illness in Southern Arizona.

99

volunteers

78

resource tables